

lunes	martes	miércoles	jueves	viernes	info
			Patatas guisadas con carne 1 Bacalao con tomate y verduras Pan S/G postre lácteo Stewed potatoes with meat Code with tomato and vegetables Bread, milk dessert	Lentejas campesina 2 Tortilla Española c/pimientos Pan S/G Fruta y leche Lentils peasant Spanish omelette with peppers Bread, Fruit and milk	Prot. 23 Lip. 21 Hc. 98 Kcal. 710
Tallarines S/G con tomate y atún 5 Cinta de lomo en salsa c/ patatas Pan S/G fruta y leche Pasta with tuna and tomato Tenderloin steak with potatoes Bread, fruit and milk	Garbanzos estofados con verduras 6 Fielte de pollo c/ ensalada Pan S/G fruta y leche Cheakpea with vegetables Chicken filet with salad Bread, fruit and milk	Sopa S/G de Estrellas 7 Albóndigas S/G a la jardinera c/patatas Pan S/G fruta y leche Stars soup Meatballs with vegetables Bread, fruit and milk	Crema de zanahoria 8 Ragout de Ternera con patatas Pan S/G postre lácteo Carrot Cream Beef stew with potatoes Bread, milk dessert	Fideuá S/G 9 Merluza enmaizada con ensalada con maíz y zanahoria Pan S/G fruta y leche Fideuá Filet fish with salad Bread, fruit and milk	Prot. 25 Lip. 36 Hc. 95 Kcal. 698
Judías verdes rehogadas con tomate 12 Escalope S/G c/ patatas Pan S/G fruta y leche Green Beans with tomato Steak breaded w/ potatoes Pan S/G fruta and milk	Alubias pintas con arroz 13 Pollo asado al limón c/ensalada Pan S/G fruta y leche Black beans stewed Chicken grilled with salad Bread, fruit and milk	Espirales S/G napolitana y 14 queso Merluza al horno con verduras Pan S/G fruta y leche Napiltana pasta Hake baked with vegetables Bread, fruit and milk	15 DÍA NO LECTIVO	16 DÍA NO LECTIVO	Prot. 22 Lip. 27 Hc. 89 Kcal. 701
Macarrones S/G a la Boloñesa 19 Merluza enmaizada y ensalada Pan S/G fruta y leche Macaroni bolognese Hake crunch with salad Bread, fruit and milk	Puré de verduras de temporada 20 Escalope S/G c/ patatas Pan S/G fruta y leche Vegetables puree Steak with potatoes Bread, fruit and milk	Sopa S/G de Cocido 21 Cocido Completo Pan S/G fruta y leche Cocido soup Madrid-style stew Bread, fruit and milk	22 JORNADA GASTRONÓMICA DE BALEARES Arroz Brut Pollo Mallorquina con Tumbet Postre especial sin gluten	Lentejas con verduras 23 Tortilla francesa con verduritas salteadas Pan S/G fruta y leche Lentils with vegetables French omelette w/vegetables Bread, fruit and milk	Prot. 23 Lip. 25 Hc. 95 Kcal. 682
Paella Valenciana 26 Salchichas frescas c/puré patatas Pan S/G fruta y leche Valenciana Paella Sausages with potato's puree Bread, fruit and milk	Sopa Maravilla S/G 27 Bacalao con patata y huevo Pan S/G fruta y leche Wonders soup Cod with egg and potatoes Bread, fruit and milk	Crema Hortelana 28 Pollo con nata y champiñones con patatas Pan S/G fruta y leche Gardener cream Chicken w/ cream& mushroom Bread, fruit and milk			Prot. 25 Lip. 17 Hc. 99 Kcal. 675