

lunes	martes	miércoles	jueves	viernes	info
			Patatas guisadas con carne 1 Bacalao con tomate y verduras Pan, postre lácteo Stewed potatoes with meat Code with tomato and vegetables Bread, milk dessert	Lentejas campesina 2 Tortilla Española c/pimientos Pan, Fruta y leche Lentils peasant Spanish omelette with peppers Bread, Fruit and milk	Prot. 23 Lip. 21 Hc. 98 Kcal. 710
Tallarines con tomate y atún 5 Cinta de lomo en salsa c/ patatas Pan, fruta y leche Pasta with tuna and tomato Tenderloin steak with potatoes Bread, fruit and milk	Garbanzos estofados con verduras 6 Filete de pollo c/ ensalada Pan, fruta y leche Cheakpea with vegetables Chiquen filet with salad Bread, fruit and milk	Sopa de Estrellas 7 Albóndigas jardinera c/patatas Pan, fruta y leche Stars soup Meatballs with vegetables Bread, fruit and milk	Crema de zanahoria 8 Ragout de Ternera con patatas Pan, postre lácteo Carrot Cream Beaf stew with potatoes Bread, milk dessert	Fideuá 9 Merluza a la Romana con ensalada con maíz y zanahoria Pan, fruta y leche Fideuá Filet fish with salad Bread, fruit and milk	Prot. 25 Lip. 36 Hc. 95 Kcal. 698
Judías verdes rehogadas con tomate 12 Escalope c/ patatas Pan, fruta y leche Green Beans with ham Steak breaded w/ potatoes Pan, fruta and milk	Alubias pintas con arroz 13 Pollo asado al limón c/ensalada Pan, fruta y leche Black beans stewed Chicken grilled with salad Bread, fruit and milk	Espirales Napolitana 14 Merluza al horno con verduras Pan, fruta y leche Napolitana pasta Hake baked with vegetables Bread, fruit and milk	DÍA NO LECTIVO	DÍA NO LECTIVO	Prot. 22 Lip. 27 Hc. 89 Kcal. 701
Macarrones a la Boloñesa 19 Merluza enmaizeneda y ensalada Pan, fruta y leche Macaroni bolognese Hake crunch with salad Bread, fruit and milk	Pure de verduras de temporada 20 Escalope de cerdo con patatas Pan, fruta y leche Vegetables puree Steak with potatoes Bread, fruit and milk	Sopa de Cocido 21 Cocido Completo Pan, fruta y leche Cocido soup Madrid-style stew Bread, fruit and milk	JORNADA GASTRONÓMICA DE BALEARES Arroz Brut Pollo Mallorquina con Tumbet Postre especial	Lentejas con verduras 23 Tortilla francesa con verduritas salteadas Pan, fruta y leche Lentils with vegetables French omelette with vegetables Bread, fruit and milk	Prot. 23 Lip. 25 Hc. 95 Kcal. 682
Paella Valenciana 26 Salchichas frescas c/puré patatas Pan, fruta y leche Valenciana Paella Sausages with potato's puree Bread, fruit and milk	Sopa Maravilla 27 Bacalao con patata y huevo Pan, fruta y leche Wonders soup Cod with egg and potatoes Bread, fruit and milk	Crema Hortelana 29 Pollo con nata y champiñones con patatas Pan, fruta y leche Gardener cream Chicken w/ cream& mushroom Bread, fruit and milk			Prot. 25 Lip. 17 Hc. 99 Kcal. 675